



Implicit/Explicit Bias Action Plan	
<b>Purpose</b>	Create a goal-setting plan to identify implicit or explicit biases in your personal and or professional life.
<b>Action Planning Steps</b>	I. Use this Action Plan Template to identify specific steps you need to take in order to achieve the goals outlined in your action plan. II. You will identify a personal and or professional goal in uncovering/addressing YOUR unconscious bias). III. Identify strategies that will be used to achieve your goal. IV. Identify barriers or obstacles that might stand in the way of achieving your goals. V. Respond to guiding questions.
<b>Optional</b>	VI. Select an accountability partner, someone who is nonjudgmental and with whom you feel comfortable to share authentically. VII. I will converse with my accountability partner ____# times every ____ (day/week/month) to ensure I am on track to accomplish my goal.
<b>Personal Goal:</b>	
<b>Professional Goal</b>	
<b>These are the plans and strategies I will use to achieve my personal goal:</b>	<b>These are the plans and strategies I will use to achieve my professional goal:</b>
1.	1.
2.	2.
3.	3.
<b>Identify any barriers or obstacles that might prevent you from achieving your personal goal:</b>	<b>Identify any barriers or obstacles that might prevent you from achieving your professional goal:</b>
1.	1.
2.	2.
3.	3.
<b>Please answer the following questions with a 'YES' or 'NO'</b>	
Is my goal realistic?	
Is it something that I can accomplish in the established timeframe that I have set?	
Can I commit to getting this done on a scale from 0 (just words on paper) to 10 (I am starting today)	
Am I willing to do the work necessary to achieve this goal regardless of the barriers listed above?	
If yes, how will you accomplish removing those barriers?	
On a scale of 0 to 10 (best) what do I think my chances are of achieving my goal?	
# Scale	